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ROOHISONI

An dovocate turned author spills the beans on what takes to produce a book and manage a work-family balance besides writing | P18

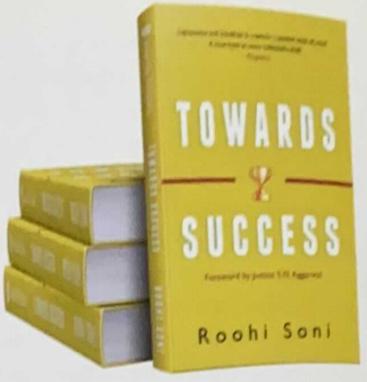
YOUR VERY OWN EXCLUSIVELY LITERARY ZINE!

TOWARDS SUCCESS IS A BOOK FOR MILLENNIALS TO FIND BETTER MEANING AND PURPOSE IN LIFE, BUT WHAT SETS THIS BOOK APART FROM THE MANY OTHER TITLES IN THE SELF HELP GENRE?

The book Towards Success contains almost all the values of human nature that drive a person to lead a successful life. Being successful is not confined to wealth only, it includes all the positive virtues including good health, having faith in oneself and believing in the creator. This book tells how the transformation of soul/self leads to the ultimate success. Success is feeling oneself to be successful in all spheres of life i.e., in relationships with others, appreciating the ideas of others, finding positivity in all the situations of life. Working on oneself in a positive way leads towards the ultimate success in life. To me, the meaning of success is altogether different, I feel successful when I maintain a complete balance of my thought process. This book is somewhat different from other titles in the self help genre in the sense that the beginning of the book mentions the values and virtues of human nature, and how working on one's thought process in a positive way leads one towards the ultimate success.

2. HOW YOUR PERSONAL LIFE EXPERIENCES CONTRIBUTED TO THE CREATION OF THIS BOOK?

I am a very keen observer of life. Even very small incidents touch my heart and leave a great ROOHI SONI



impact on me. My life experiences contributed a lot in writing this book. Whenever I found an educated person frustrated, dejected and disappointed in life, or a homemaker fed up with the typical work of her daily routine, or a person who is retired, going into depression, feeling lonely or is in a pensive state of mind, it led me to ponder upon their situation in life. I always wanted to help them in one way or the other, and keeping in mind that life is beautiful for all, pain is inevitable, but suffering is optional, I wrote this book.

3. HOW DO YOU MANAGE YOUR PERSONAL/PROFESSIONAL LIFE ALONG WITH WRITING?

When you follow your passion dearly and religiously, things not only become possible, but also enjoyable. Automatically, one learns to balance one's personal as well as professional life along with one's passion. A person starts learning lessons from one's personal as well as professional

experiences, then starts giving shape to those lessons learnt in the form of words to improve oneself and contribute to the society.



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Author of the Month

Towards Success' is a book that deals with the mental growth of human beings. It's about transformation of the soul, a journey towards success. With simple changes in one's thought process, one can uplift one's soul and be lead towards ultimate success. Every success and happiness depends upon one's thought process.

4. HOW DID YOUR FAMILY REACT TO YOUR WRITING A BOOK, IN THIS GENRE TOO?

All the members of my family were very supportive during the course of my writing this book. Success is the dream of every individual, so I have tried to touch the topic of ultimate success. My family really appreciated the idea of writing a book in this genre. Throughout my journey of writing this book, my family lent me their helping hand. They encouraged me at every step and assured me that maximum readers will appreciate my book.

YOU FIRST COME UP WITH **BOOK LIVE "TOWARDS**

The moment you feel that people are trusting your abilities, you start believing in ourself and set out in one way or se other to help the

people around you. Many NGOs or groups of persons are helping people with food, clothes, money, etc. I want to help them with my words. Thus, I picked up a pen and paper to write about the basic values of human nature that make the journey of success possible.

6. WHAT ARE YOUR GOALS /WHAT DO YOU **HOPE TO ACHIEVE FROM** THIS BOOK?

I have chosen the words, sentences and chapters of this book very carefully and ardently. I want this book to reach maximum people and benefit them. Before writing this book, I worked on myself, made corrections in myself and transformed myself in many ways, especially in switching from a negative thought process to a positive one. This positive approach helped me complete this book. I hope Towards Success will help a lot of people to overcome the hindrances they've created by themselves in their journey of life.

7. HOW HAS THE **EXPERIENCE BEEN WITH** THE PROCESS OF PUBLISHING?

It's the era of self publishing. One needs to get a very good and committed publishing house. When one gets a publishing house like Invincible Publishers, it's like winning half the battle. The entire team of Invincible Publishers is committed and dedicated to their work. They made things possible with their untiring services. I am really thankful to the entire team for their support and help.

8. WHAT KIND OF FEEDBACK ARE YOU **GETTING FROM YOUR READERS SINCE ITS** RELEASE?

The book has been appreciated by people of all age groups. Students are also liking it very much.

9. WHAT IS IN STORE **riting** in your

I will soon contribute more such literary works to the society.